



THE TEDDINGTON ARMS

BAR SNACKS

Smoked almonds (v) (374 kcal)	3.5	Sausage roll, HP sauce (934 kcal)	5.5
Buffalo chicken wings, blue cheese sauce, celery (894 kcal)	8.5	Scotch egg, mustard mayonnaise (1026 kcal)	5.5
Gordal olives (vg) (139 kcal)	4.5	Warm sourdough, butter (v) (823 kcal)	4.5

SHARERS

Baked Camembert, filo crust, smoked garlic, black truffle honey, almonds, toasted sourdough (v) (1147 kcal)	16.5
Crispy fried tofu, red pepper hummus, harissa aubergine, radish, Padrón peppers, toasted sourdough (vg) (1588 kcal)	15.0

STARTERS

Spiced buttermilk halloumi fries, maple gravy (1010 kcal)	7.0
Mac 'n' cheese croquettes, red pepper & tomato ketchup (v) (799 kcal)	7.0
Salmon fishcakes, peas, samphire, tartare sauce (797 kcal)	8.0

LUNCH AVAILABLE MON TO SAT. 12PM-5PM

Chicken club, smoked bacon, mature cheddar, avocado, skin-on fries (1091 kcal)	10.5
Fish finger sandwich, gem, tartare sauce, skin-on fries (954 kcal)	10.0
Halloumi wrap, guacamole, red onion, tomato, gem, pomegranate, skin-on fries (v) (1027 kcal)	10.0

MAINS

Cider-battered fish and chips, pea purée, tartare sauce (1317 kcal)	16.5
Short rib & flank burger, American Cheddar, sweet & sour tomato relish, iceberg, skin-on fries (1252 kcal)	15.5
Vegan cheeseburger, carrot & apricot chutney, gem lettuce, toasted bun, skin-on fries (vg) (1027 kcal)	15.0
Wild boar & apple sausage and mash, onion gravy, crispy shallots, hispi cabbage (880 kcal)	13.5
Chicken katsu curry, warm sticky rice, soybeans, ginger, sesame dressing (828 kcal)	16.0

SIDES

Skin-on fries (vg) (350 kcal)	4.0	Broccoli, chilli, lemon (vg) (90 kcal)	5.0
Thick-cut chips (vg) (736 kcal)	4.5	Mixed salad, toasted sesame dressing (vg) (129 kcal)	5.0
Sweet potato fries (vg) (766 kcal)	5.0		

DESSERTS

Sticky toffee pudding, butterscotch, maple pecans, clotted cream ice cream (v) (860 kcal)	7.0
Dark chocolate brownie, salted molasses, coffee ice cream (v) (685 kcal)	7.0
Bramley apple & rhubarb crumble, vanilla custard (v) (958 kcal)	7.0
Selection of ice creams & sorbets (v) (36-81 kcal)	PER SCOOP 2.0

THE DAILY REQUIREMENT OF CALORIES NEEDED BY AN ADULT ARE 2000 KCAL.

A discretionary 12.5% service charge will be added to your bill. All service charges, cash and credit/debit card tips are paid in full to our team members. Full allergen information on the ingredients in the food we serve is available upon request – please speak to a member of the team.